

# Adult Programs and Events

## Waterloo READS BATTLE OF THE BOOKS

Monday, October 15 **drop-in**  
7:00 to 9:00pm  
Waterloo Memorial  
Recreation Complex

Waterloo! Are you ready to rumble? Bring on the Books! Our 6<sup>th</sup> annual *Waterloo Reads: Battle of the Books* returns to the Waterloo Memorial Recreation Complex October 15. We have an amazing lineup of your favourite local celebrities and community builders, ready to convince you why their book should be your next read.

**Lori Campbell**  
University of Waterloo  
Aboriginal Education Centre

**Lynn Macaulay**  
Initiative Coordinator with the  
Homelessness and Housing  
Umbrella Group (HHUG)

**Matt White**  
Green Light Arts

**Pam Patel**  
MT Space

**Sharon Lloyd**  
Waterloo Regional  
Police Service

**Tarique Plummer**  
WLU Students' Union  
President & CEO

**Bashar Jabbour**  
Spoken Word Poet

**Randy "RJ" Johnston**  
98.5 CKWR

2017 champions with winner Janice Jo Lee. Who will win this year? Your votes will decide!



This year, we are making things REALLY interesting. 2018 is all about reader's choice and we have asked our fantastic champions to choose the book that they will be defending. The competition will heat up as champions go head-to-head over the books they have read and loved and want you to read for yourself.

*Waterloo Reads* is a fun-filled night of books, fun, prizes, and treats. Visit [waterlooreads.wpl.ca](http://waterlooreads.wpl.ca) to learn more about our champions and the fantastic books they have chosen. See you there!

# AFTER HOURS

@ THE LIBRARY

*A fundraiser for the Waterloo Public Library*

**Friday, November 16**  
**7:00pm to 9:30pm**  
**Main Library,**  
**35 Albert Street**  
**Tickets: \$50**

The 5<sup>th</sup> annual *After Hours @ The Library* fundraiser takes over the Main Library on November 16<sup>th</sup>. Each year guests enjoy delicious canapés and desserts, cocktails, an incredible array of auction and draw prizes, and a fascinating guest speaker. This year we are excited to welcome Marco Timpano to *After Hours*. Join us for an exciting evening in Uptown Waterloo and find out what happens at the library “after hours”.

**Tickets for *After Hours @ The Library* are \$50 each and include canapés and one drink ticket. Learn more at [afterhours.wpl.ca](http://afterhours.wpl.ca)**



Marco is an award-winning actor, writer, comedian, and, most importantly, a huge fan of libraries. He also hosts and produces the highly successful podcasts *The Insomnia Project*, *Every Place Is the Same* (a comedic look at travel) and *Eat & Drink*. Listen to his podcasts and discover what Marco is working on next at [www.marcotimpano.com](http://www.marcotimpano.com)

More partners to be announced.



# Meet Author Linwood Barclay

The 2018 *One Book, One Community* selection is *Broken Promise* by internationally bestselling author Linwood Barclay. Linwood will be visiting the Region of Waterloo from September 25 to 27. Four free author events have been planned, including one in UpTown Waterloo.

**Wednesday, September 26**  
**7:00pm to 9:00pm**  
**Knox Presbyterian Church**  
**Registration is not required**

*One Book, One Community*, now in its 17<sup>th</sup> year, is the longest running community reading program in Canada. "OBOC," as it is fondly referred to, celebrates the books and writing of Canadian authors. Through the shared experience of reading and discussing the same book, OBOC has helped create a special sense of community in the Region. To learn more visit [oboc.ca](http://oboc.ca)

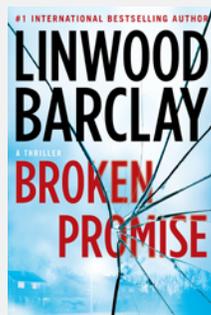


Photo credit: Bill Taylor



one BOOK  
 one COMMUNITY

**Main Library** 35 Albert Street, Waterloo 519-886-1310 Ext. 110

## WPL Book Clubs

Our Book Clubs are open to everyone and participants are welcome to join at any time. To learn more, visit [wpl.ca](http://wpl.ca) or contact Christine at [cbrown@wpl.ca](mailto:cbrown@wpl.ca) or 519-886-1310 Ext. 146

### Monday Evening Book Club at 7:00pm

**Main Library – Auditorium** drop-in

**September 10:** *Broken Promise* by Linwood Barclay (2018 OBOC title)

**October 15:** *Son of a Trickster* by Eden Robinson

**November 12:** *The Alice Network* by Kate Quinn

**December 10:** *Moonglow* by Michael Chabon

### Thursday Afternoon Book Club at 1:30pm

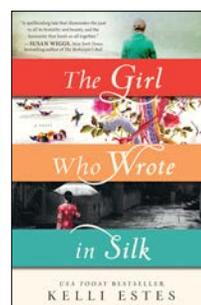
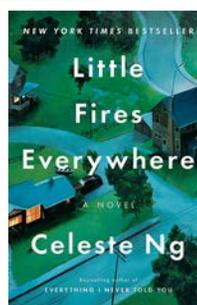
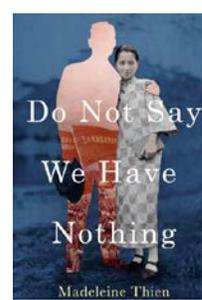
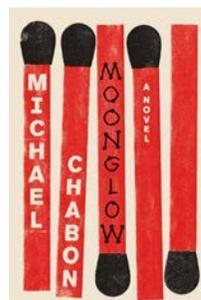
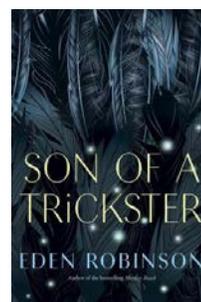
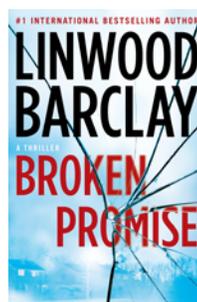
**Main Library – Boardroom** drop-in

**September 20:** *Broken Promise* by Linwood Barclay (2018 OBOC title)

**October 18:** *Do Not Say We Have Nothing* by Madeleine Thien

**November 15:** *Little Fires Everywhere* by Celeste Ng

**December 20:** *The Girl Who Wrote in Silk* by Kelli Estes



# End of Life Planning Series Presented in partnership with WGSJ

## Green Alternatives to Death and Dying Practices

Wednesday, October 24 **pre-register**  
7:00pm to 8:00pm  
Main Library – Auditorium  
**Registration opens October 17**



If you're looking for more environmentally and family friendly alternatives to death and dying practices, join us for a discussion with Susan Koswan and Ellen Newman from the Good Green Death project. Topics will include:

- Why our current death and dying practices are not sustainable.
- What is a good green death?
- What is currently available in the Waterloo Region?
- Where do we go from here?

In partnership with



## You Can't Take It with You

Wednesday, November 14 **pre-register**  
7:00pm to 8:00pm  
Main Library – Auditorium  
**Registration opens November 7**



KW Professional Organizers are bringing their knowledge of Swedish Death Cleaning and estate clearing to WPL. Emilio and Samantha will walk you through the options for dealing with the physical belongings you will eventually leave behind. Find out where you can donate to help your community, how you can sell off items you no longer need and how you can keep your treasures out of the landfill. Whether you're helping someone or thinking of your own belongings, you will benefit from this session.

## Make a Will

Wednesday, November 21 **pre-register**  
7:00pm to 8:00pm  
**Registration opens November 14**



November is Make a Will month. Learn about the importance of having a will and assigned powers of attorney for you and your loved ones. Lawyers who practice trust and estate law will explain the elements of a will, what happens if you don't have one, the role of the power of attorney and special considerations for preparing your estate and care plans.

## #RCITalks

WPL is pleased to partner with the Royal Canadian Institute for Science – Canada's oldest public scientific society. RCIS presents live and online events throughout the year with the goal of creating a scientifically engaged and informed public. Stay tuned to [wpl.ca](http://wpl.ca) for speakers and topics coming soon.

## RCIScience

Thursday, September 20,  
October 25 and November 15 **pre-register**  
7:00pm to 8:30pm  
Main Library – Auditorium  
**Registration is required.** Reserve your spots at [wpl.ca](http://wpl.ca) through Eventbrite.



## Speed Friending for Older Adults

Wednesday, September 12 **pre-register**

7:00pm to 8:30pm

Registration opens September 5. Please telephone Christine at 519-886-1310 Ext. 146 to register.

Are you an older adult looking to make new friends? Join us for a night of fun and friend-making. Each participant will have the chance to meet and chat with every participant for two minutes before we break off for snacks, drinks, and games. Register early to secure your spot!



## Open Maker Space

Mondays, September 17 to November 19 **drop-in**

Note: no program October 8

2:00pm to 4:00pm

Check out our brand new adult maker space! We've got lots of great tools for you to use and the experts that can help you turn your dream projects into reality. From sergers to 3D printers, soldering irons to hand tools, we've got you covered.

## Thanksgiving Bouquet

Wednesday, October 3 **pre-register**

6:30pm to 8:00pm

Registration opens September 26



Make a Thanksgiving bouquet with seasonal flowers, twigs, and assorted items. Participants are encouraged to bring their own glass vase, as well as items from their own gardens to use or share.

## WPL Knits & Crochets

Mondays, October 15 to December 10 **pre-register**

6:30pm to 8:00pm

Registration opens October 8

Whether you are working on your own project or just learning to knit or crochet, drop in for support and to meet fellow enthusiasts! All levels and abilities welcome.

## Remembrance Day

Sunday, November 11 **drop-in**

2:00pm to 3:00pm

Plans are underway for our annual program in honour of Remembrance Day. Information will be posted in the library and online at [wpl.ca](http://wpl.ca) closer to November.

## Unwind Your Mind

Tuesday, November 27 **drop-in**

1:00pm to 7:00pm

For university/college students

Feeling stressed out over assignments and finals? We've got your back. Join us for a day of de-stressing activities and free refreshments to help you get through exams.

- Free ear plugs and quiet zones
- Stress-free play room with board games, colouring, ping-pong, and puzzles
- Sign up for 15-minute sessions with therapy dogs from St. John Ambulance

Still stressed? Take a de-stress kit home with you and use when needed. You got this!

## Wrap It Up!

Thursday, November 29 **pre-register**

7:00pm to 8:30pm

Registration opens November 22

Bring your holiday presents. We'll make our own wrapping paper, bows or ribbons, then package them up.

## Crafty Christmas

Saturday, December 8 **drop-in**

2:30pm to 4:00pm

Bring the family and make holiday crafts and ornaments to get into the festive spirit. This is an annual, well-loved WPL tradition. Don't miss it!

# For Writers and Aspiring Writers

## Finding your Creative Voice: A Creative Writing Course with author and teacher Robin Pearson

Thursdays, October 4 to November 8 **pre-register**  
7:00pm to 8:30pm  
Registration opens September 27

We all have something to write about. In this program participants will discover the best format for expressing themselves. This multi-week program will include a variety of small assignments to build skills in free-writing, journaling, memoir writing, and poetry. Participants will receive plenty of support finding ideas and discovering their voice – all writing levels are welcome!

## NaNoWriMo Info Session

Wednesday, October 10 **pre-register**  
6:30pm to 8:00pm  
Registration opens October 3



National Novel Writing Month is a fun, seat-of-your-pants approach to creative writing and is open to EVERYONE! On November 1, participants begin working towards the goal of writing a 50,000-word novel by 11:59pm on November 30. Learn how to get involved locally, as well as how to use resources at the library to help write and publish work.

## The Wilfrid Laurier Creative Writing Series



The Wilfrid Laurier Creative writing series brings the expertise of WLU professors and professional writers to the broader Waterloo community to support and encourage local creative writing.

This fall, Laurier's Department of English and Film Studies launches a new creative writing minor, with courses in introduction to creative writing, the creative process, writing the short story, writing poetry, writing creative non-fiction, and more. The Minor can be taken with any course of study, supporting a student's degree in English, Film Studies, History, and many other disciplines, or students can take an individual course in Creative Writing.

WPL supports creative writers with digital tools for formatting, publishing, marketing, and distributing their work.



## The Road to Getting Published

Wednesday,  
October 17 **pre-register**  
7:00pm to 8:30pm  
Registration opens  
October 10

Tamas Dobozy will introduce participants to the technical aspects of getting published, with an emphasis on literary magazines and contests. Topics covered will also include preparing a manuscript, finding potential publishers, making professional contacts and getting an agent.

## Good Readers Make Good Writers

Wednesday, November 7 **pre-register**  
7:00pm to 8:30pm  
Registration opens October 31

Author Mariam Pirbhai guides participants as they work with fiction texts, discovering and discussing techniques in characterization, perspective, setting, tone, figurative language and style.

## Re-Writing the Family Archive

Wednesday, November 28 **pre-register**  
7:00pm to 8:30pm  
Registration opens November 21

Discover the 'creative' in creative non-fiction. Tanis MacDonald will discuss with participants how to write their family story when records are incomplete and memories are imperfect.

## An Evening with the WLU Creative Writing Department

Wednesday, December 5 **pre-register**  
7:00pm to 8:30pm  
Registration opens November 28

A roundtable discussion with WLU faculty members Tamas Dobozy, Mariam Pirbhai and Tanis MacDonald, who, teach, and publish creative writing. Join us for an evening of enlightening conversation about writing poetry, fiction, and non-fiction, the publishing industry, and about the art of writing and research. An evening packed with tips and professional insight you will not want to miss!



## Computer Literacy Workshop

Tuesdays, October 23 to November 20 **pre-register**  
2:00pm to 3:00pm

Registration opens October 16

Increase your computer literacy and gain confidence in using a computer or iPad. The program's facilitator will be available to help with questions and to provide activities related to the online tutorials assigned to enhance learning.

**October 23:** Participants will be assessed to determine their computer literacy skills and goals.

**November 6 to 20:** Participants will be given online tutorials that will assist them in achieving their computer literacy goals. A facilitator will be available to help with questions and to provide activities related to the tutorials to enhance the learning.

## Tech Talks

Tuesdays, September 18, October 2 and 16 **pre-register**  
2:00pm to 3:00pm

Registration opens one week before each program

Participants will receive instruction on how to do basic operations on software.

**September 18:** Set up Firefox internet browser

**October 2:** Basic word processing on MS Word 2016

**October 16:** Managing files in Windows 10

## Conversemos en español (Let's Chat in Spanish)



Thursdays, September 27 to December 13 **drop-in**  
7:00pm to 8:00pm

Come and practice your Spanish. All levels welcome. Under the direction of a Spanish teacher, you can meet others and practice spoken Spanish. Spanish-speakers are also welcome to encourage others to learn and/or improve their Spanish and make new friends.

## Art Connections

Wednesdays, November 7 to 21 **pre-register**  Ontario  
1:00pm to 2:30pm  
Registration opens October 31 **KITCHENER-WATERLOO ART GALLERY**

Engage your creativity with this three-part arts program led by Kitchener Waterloo Art Gallery senior volunteer artist educators. Designed to be fun and engaging for all participants, each day builds on skills learned in the previous sessions. Participants will gain new insight into art techniques and practices and walk away with their own completed art piece.

## DIY

### Wreath Making 101

Monday, October 15 **pre-register**  
2:00pm to 3:30pm

Registration opens October 9

Create your own fall wreath for tables or doors from scratch.

### Candle Holders

Monday, October 29 **pre-register**  
2:00pm to 3:30pm

Registration opens October 22

Make your own fall-inspired candleholder.

### Greeting Card Workshop

Monday, November 12 **pre-register**  
2:00pm to 3:30pm

Registration opens November 5

Design, stamp, and emboss your own set of personalized greeting cards.

### Bath Bombs

Monday, November 26 **pre-register**  
2:00pm to 3:30pm

Registration opens November 19

We're sharing our tips and tricks for successful bath bomb making: what ingredients you need, where to get them, and strategies to get the best fizzing results.



## Adult Creation Space

Materials and tools provided.

### Pinecar Derby for Grown-ups

Tuesdays, September 18 to October 9 **pre-register**

2:30pm to 3:30pm

Registration opens September 11

Design and build your own custom Pinecar racer to compete against other adults.

### Birdhouse 101

Tuesdays, October 23 to November 20 **pre-register**

2:30pm to 3:30pm

Registration opens October 16

Design and build your own birdhouse for our feathered friends.

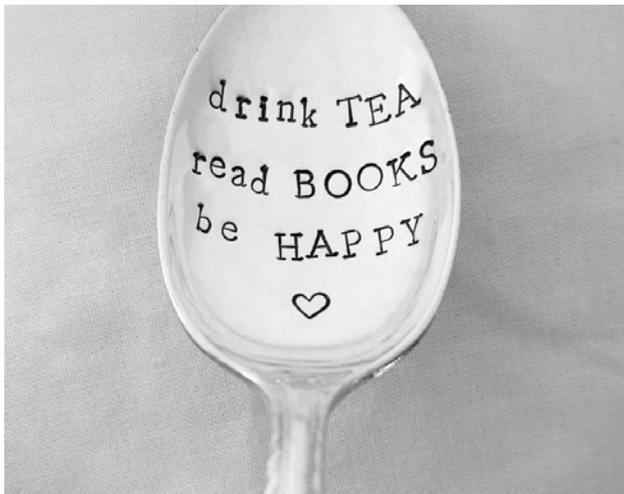
### Custom Hand-Stamped Spoons

Wednesday, October 24 **pre-register**

2:00pm to 4:00pm

Registration opens October 17

Learn to stamp and customize an ordinary spoon with fun sayings in our spoon stamping workshop.



### Jewellery Making

Wednesday, October 31 **pre-register**

2:00pm to 4:00pm

Registration opens October 24

Learn how to make easy and cool resin jewelry.

### Photo Transfer Art

Wednesday, November 7 **pre-register**

2:00pm to 4:00pm

Registration opens October 31

Learn to make a custom, one-of-a-kind piece using laser printed photos.



### Soap Making

Wednesdays, November 14 and 21 **pre-register**

2:00pm to 4:00pm

Registration opens November 7

Make artisan soaps using additives for beautiful colour and heavenly scents.

**CARE  
PACKAGE**

### Exam Care Packages

December 3 to 21

Ages: Students with a valid student ID card

Location: All WPL locations – Information Desks

Receive a mini exam care package at any of our Information Desks when you show your student ID. Filled with surprise goodies, these care packages will help you get through those exam blahs.

## **Adult Health** Presented by Dr. Laura Tummon Simmons, ND

### **Managing Menopause**

Thursday, October 4 **pre-register**

6:30pm to 8:00pm

Registration opens September 27

Learn all about menopause. Topics include what happens in menopause physiologically, why you get symptoms like hot flashes and changes to mood, sexual function, and bone density, and how to support healthy hormone production and manage symptoms better.

### **Dealing with Weight Loss Resistance**

Thursday, November 1 **pre-register**

6:30pm to 8:00pm

Registration opens October 25

Join us as we discuss some of the more common reasons people have issues losing weight (hormone changes, stress, inflammation, food sensitivities) and how to approach treatment with proper testing and care to get a leg up on your weight loss.

### **Alternative Approaches to Anxiety & Depression**

Thursday, November 15 **pre-register**

6:30pm to 8:00pm

Registration opens November 8

While at this point the common explanation for anxiety and depression is changes in neurotransmitter levels, there are many other reasons why someone might be experiencing mood changes. Join us for a discussion of some of the other reasons mood changes happen (including hormonal changes, gut conditions, inflammation, and genetics), how to get investigated properly with testing, and some of the evidence (or lack thereof) behind natural treatments for anxiety and depression.



## **Lumen Festival**

Friday, September 29 **drop-in**

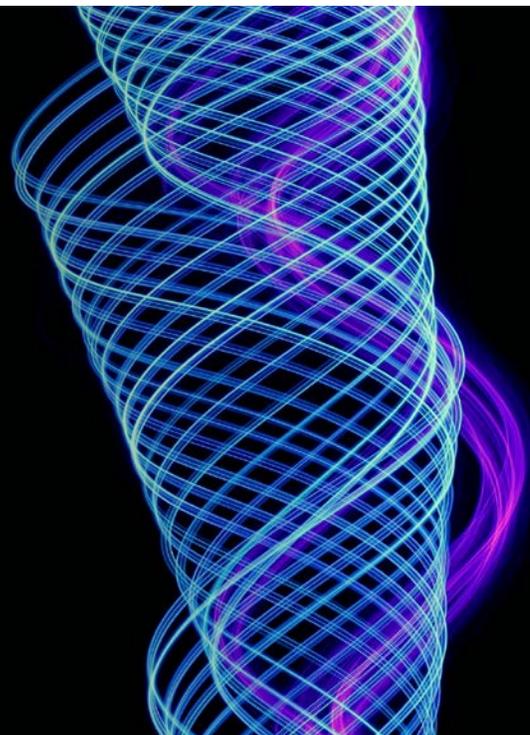
Main Library & UpTown Waterloo

6:00pm to 11:00pm

Lumen is a new festival for the City of Waterloo that showcases light-based new media, media art, and projection-based installations. This free event invites citizens of all ages to explore the city through a new lens – one that illuminates Waterloo through art and technology.

Make sure to make the Main location of WPL a stop on your explorations of this exciting new event.

More details to be announced shortly at [waterloo.ca](http://waterloo.ca)





## Library Settlement Program (LSP)

We are proud to work with the KW Multicultural Centre in to offer settlement services at each of our WPL locations. Settlement workers speak multiple languages and can provide support with topics like housing, childcare, and employment. To book an appointment, refer to the schedule at [wpl.ca/services/new-canadians](http://wpl.ca/services/new-canadians) and connect with the settlement worker you would like to meet.

### WHMIS Training

Thursday, September 27 **pre-register**

6:30pm to 7:30pm

Main Library – Auditorium

Registration opens September 20

Participants will be introduced to the basics of Workplace Hazardous Materials Information System (WHMIS), Canada's national hazard communication standard used in the workplace. The session will be in English.

### Group of Five Sponsorship Information Session

Saturday, October 13 **pre-register**

10:30am to 12:00pm

Main Library – Auditorium

Registration opens October 6

Learn about the official "Group of Five" requirements for sponsoring a refugee to come to Canada.

### Income Tax Information Session

Wednesday, November 7 **drop-in**

7:00pm to 8:00pm

Main Library – Boardroom

Tax season is coming! Learn what you need to know about filing taxes in Canada and making the most of your RESP and RRSP contributions.

### Starting a Small Business

Tuesday, November 20 **drop-in**

7:00pm to 8:00pm

John M. Harper Branch

Interested in starting your own business? Learn what you need to know to get started and to make your new business a success.

### Parent/Grandparent Sponsorship Information Session

Thursday, November 22 **drop-in**

7:00pm to 8:00pm

Main Library – Boardroom

Learn how to complete and submit an application to bring parents or grandparents to Canada.

### Healthy Living in Canada (presented in Arabic)

Thursdays, October 4 to 18 and November 1 **drop-in**

5:30pm to 7:30pm

Ages: 16 to 21 years old

Main Library – Auditorium

Have fun participating in creative arts and games with other young people while learning about opportunities in your community to get active and stay healthy.

### English Conversation Circle

Wednesdays, September 12 to December 19 **drop-in**

6:30pm to 8:00pm

McCormick Branch

Join our volunteers from YMCA Immigrant Services to practice your English-language skills.

